

Open Up!

... for youth exchanges
... for Erasmus+
... for new ideas
... for new people

Basic assumptions:

Form: training course

Duration: 4 days

Dates: 18th to 22nd of May 2016

Participants: max. 35 from Slovakia, Czech Republic and Poland

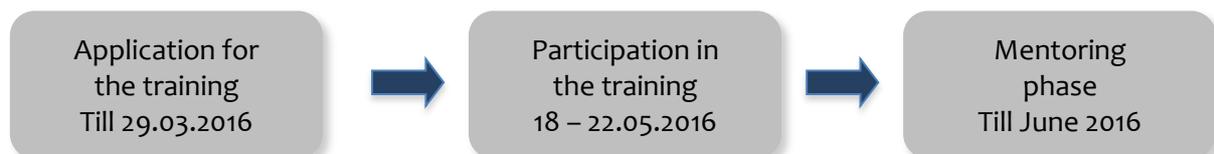
Aim: to support and coach newcomers who would like to **organise** their **first youth exchange** in frame of Erasmus+ programme

Methods: based on **non-formal education**

Additional value: **mentoring phase** after the training to support participants with the youth exchange creation and application phase

Working language: English

How will the structure look like?



Who is invited?

All those who:

- are **residents** of **Czech Republic, Poland or Slovakia**,
- are **18+**,
- have **no experience in organising youth exchanges** in either Youth in Action or Erasmus+ Programme,
- are **looking for partners** for common project/s,
- are **members** of a **group/organization**,
- are able to **communicate in English**,
- are ready to take part in the whole training,

- are **motivated** to organise their own projects,
- are in the position to implement projects proposals in their groups/organisations after the training.

Who are the trainers?

There will be 4 trainers:

Anna-Sophia Pappai from Poland, mainly working as office and project manager in polish NGO “ANAWOJ”, with many years experiences in supporting youth projects. Favorite topics: Youth participation, Cooperation between formal and non-formal education sector, Project Mangament, Voluntary services, Global and Environmental Education.

Andrzej Smyk from Poland: Andrzej is involved in non-formal education and youth projects from 2005. Range of trainings: International cooperation, Youth exchanges, Youth work, Project management, Live Action Role Play, Interculturalism. My organization: Association 'Zamojskie Voluntary Service Center'.

Dean Reš from the Slovak Republic: Dean works as a freelance consultant specializing in project management and public policy advisory. His background includes youth participation, structured dialogue, human rights education and EVS trainings.

Karolína Kousalová from the Czech Republic, mainly working with the European Voluntary Service within Erasmus+ and cooperating with different NGOs as freelancer. She is passionate about the topics of intercultural learning, volunteering, empowerment and competence development.

All of them are members of Trainers’ Pools of the National Agencies in their countries and are involved in designing and conducting national and international trainings for young people and youth workers.

What are financial conditions?

- This training course is organized by the Polish National Agency of the ‘Youth in Action’ Programme.
- Board and lodging will be provided and paid by the Polish National Agency of Erasmus+ Programme
- Travel costs can be covered by the respective National Agency

- Any insurance, especially medical, is a private responsibility of each participant.

Participants of the last edition of Open Up say:

- “I went to the training with curiosity and a will. And I come back with determination and a clear way how to proceed.”
- “I’m very grateful for the budgeting session and going through the application form.”
- “Thanks to this training I found partner organisation and increased my knowledge about Erasmus + YE.”

Interested in taking part?

If so, apply online **no later than 29th of March**. Your National Agency will make a pre-selection. If your application is accepted, you will receive a **confirmation** and further information as soon as possible **after 11th of April**. **Please do not book any tickets before you receive confirmation of your participation.**

Still have questions?

Please contact Grzegorz Kucharyk from the Polish National Agency:
gkucharyk@frse.org.pl.