



## Info Pack

Contact-making event for people who are relatively new in the Erasmus+ programme and want to discover Youth Exchanges

# „Start a CHANGE with Youth EXCHANGE “

3-10, JULY, 2016

Sępólno Krajeńskie, POLAND

### About the project:

“Start a CHANGE with Youth EXCHANGE” is a contact-making event. This is NOT a project for people who already have a lot of experience in Erasmus+ but for those who **would like to get involved** more actively as group leaders, designers and coordinators of youth exchanges, but so far did not have the right moment for it. So, now is the time for YOU!!!!

We came up with this project idea, because we remembered how it was when we started getting involved in international events...from our experience we can tell with absolute honesty that in the beginning we had no idea how it all works, but we just knew that we liked it so much, that we wanted to experience it again and again...

It is surely not easy at all to do Erasmus+ projects. Although they are meant for young people, the structure and criteria are so complicated, that it often takes many years to understand it and be able to develop good quality projects that the NAs would grant.

With this contact-making event we want to make it easier for young youth leaders that are just getting active in youth work (or want to become active) **to discover “the magic” of developing and implementing international youth exchanges within Erasmus+ programme.**

We want to provide them with all necessary **knowledge, tips and skills on how to develop and implement youth exchanges**, so, that as a result of this project they could **come “home” with concrete project ideas** that could be submitted and implemented.

### Main idea: to involve newcomers in the „world of youth exchanges“!!!

What will be happening at the project?!

- Nice activities to get to know each other closer so that participants have a chance to know better with whom they feel closer and more comfortable to make youth exchanges together
- “Seeing the bigger picture” on how non-formal learning works and why it is so crucial for young peoples’ personal and social development (what competences it develops in young people and how does it make them more active in society...)
- Discovering better the complexities of E+ youth exchanges: from theory to practice (how to “write” a good project so that it gets approved, but how to make also sure that you implement it well - many real life examples)



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- Explaining the role division in youth exchanges and encouraging participants to take responsibility of being project coordinators and group leaders (it is not THAT complicated as it sounds in the beginning...)
- Space and time to work on concrete youth exchange ideas that could be applied for the nearest deadlines to E+ programme and implemented (recommendations from experts and peers)

### Participants:

For this project we would like to gather **25 participants**:

- active young people, youth workers, youth leaders, educators
- without that much knowledge in Erasmus+ youth exchanges
- motivated to discover how youth exchanges work
- ready develop concrete youth exchange ideas and to take the responsibility of group leaders/coordinators
- with good knowledge of English (ready to participate actively and work in international team and formulating project ideas)

### Partners:

As this is LAST MINUTE call, we are looking for participants from following countries:

Country	Number of participants
Poland	3
Spain	3
Hungary	2
Germany	2
Finland	2
Estonia	2
<b>TOTAL</b>	<b>14</b>



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## Location and dates:

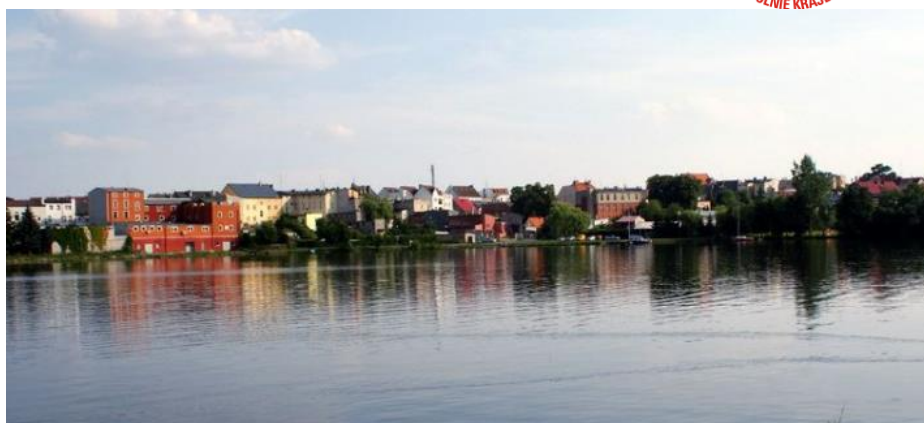
Arrival to the venue: **JULY 3<sup>rd</sup>, 2016**

Departure from the venue: **JULY 10<sup>th</sup>, 2016**

Location: **Sępólno Krajeńskie, POLAND**

**Sępólno Krajeńskie** it is a small town located in Kujavian-Pomeranian voivodship, about 350 km from the capital of Poland – Warsaw, with the population of about 10 000 inhabitants. Cozy, quiet, friendly place with the lake in the centre, surrounded by beautiful nature will be perfect place for successful learning process.





The main activities will take place in “Jan” hotel located at the bank of picturesque lake, surrounded by woods and very near to the town centre. Nice atmosphere, friendly surrounding and beauty of nature – everything in one place...



Participants will be located 2-3 beds rooms. Meals will be provided in the same place.

The last 2 nights of the event we will move to another place... but so far let it be a surprise ☺

#### HOTEL ADDRESS:

1 Leśna street

89-400 Sępólno Krajeńskie

<http://www.hoteljan.com.pl/> - only in Polish but you can take “ a virtual walk” there

## Financial conditions:

The training course will be implemented in the framework of EU "ERASMUS+" Programme (mobility of youth workers, key action 1). The **accommodation and food will be covered fully**. **Travel expenses will be reimbursed according to real costs of tickets (not extending flat rates depending on travel distance):**

Country	Number of participants	Distance in kilometers	EUR for 1 participant
Poland	3	0-99 km	<b>0.00</b>
Spain	3	2000 - 2999 km	<b>360.00</b>
Hungary	2	500 - 1999 km	<b>275.00</b>
Germany	2	500 - 1999 km	<b>275.00</b>
Finland	2	500 - 1999 km	<b>275.00</b>
Estonia	2	500 - 1999 km	<b>275.00</b>
<b>TOTAL</b>	<b>14</b>		

With receiving this info pack, you are expected to start checking the options for tickets to finish the procedure of buying **tickets the soonest possible** (to make sure that they are still cheap 😊 )

The best option to come to Poland is to take a flight to WARSAW airport (you can also check POZNAŃ, GDAŃSK or BYDGOSZCZ).

We recommend [www.skyscanner.com](http://www.skyscanner.com) for flight search.

### **TRANSPORTATION IN POLAND**



From Warsaw (or other city) you will have to take a train/bus going to BYDGOSZCZ but these tickets will be reserved and bought by us, so please **DO NOT** buy them, we will send you tickets on your e-mails.

### **BONUS TIP**

As during the project we will not have much time for sightseeing, if you would like to see more of Poland, you can arrive one day earlier or leave one day later (on your own expense) but then make sure that you receive “a green light” from us for that.

Once you have chosen a flight connection, please consult it with: **Daniel Wargin** - the main coordinator – [daniello13@wp.pl](mailto:daniello13@wp.pl) , +48 600062665. Please note that only when he gives you “green light” for the connection and price, you are allowed to buy tickets

### **Coordinators and trainers:**



The main coordinator of the project is an organization from Sępólno Krajeńskie, Poland Stowarzyszenie „Dorośli – Dzieciom” („Adults for Children” Association). This NGO has been very active in the youth field for many years.

**The event will be implemented by two experienced trainers:**

**Ieva Grundsteine** (Latvia) has been actively involved in non-formal education field since 2001. She has tried out different roles at different times – being a participant, support staff, project coordinator, president of her own youth NGO and now she is mostly a free-lance trainer and consultant/expert. She has carried out more than 85 training.

<https://www.salto-youth.net/tools/toy/ieva-grundsteine.1858/>

**Antonio Benaches** (Spain) is youth worker since 1997 and active trainer in international youth projects since 2003; started in youth work in the Scout movement and then participated in local and regional Youth Councils. At the moment, he is working for different local municipalities and for different NA's in TCA programmes... and he is passionate about games.

<https://www.salto-youth.net/tools/toy/antonio-benaches-bodi.2424/>



## Insurance:

All participants are required to make their own travel insurance for the time of the event.

## How to apply?

To apply, you must send us your application form **by Monday, June 13th** the very latest to e-mail: [daniello13@wp.pl](mailto:daniello13@wp.pl)

**The selection results will be announced till June 14<sup>th</sup>**

When we will confirm your participation in the training course, you will be asked to check the travel options, consult them with Daniel and buy the tickets.





### Further information:

As soon as we get the list of all participants, we will keep you updated with all the new information regarding the project. We will create a Facebook group to enable our communication more smooth and invite you to join it.

Should you have more questions, please do not hesitate to ask. We are looking forward to meet all of you here in Poland.

**SEE YOU SOON!**

Time / day	03/07/2016	04/07/2016	05/07/2016	06/07/2016	07/07/2016	08/07/2016	09/07/2016	10/07/2016	
08:00 – 09:00	Arrivals	Breakfast							
09:00 – 11:00		Official Opening & Introduction Getting to know each other	Philosophy of youth exchange projects – “eagle” and “frog” view (European dimension and young people’s dimension)	Creative presentations of organizations and young people represented by participants (based on consultations with young people @home)	Project development I: Needs and interests of young people and community	Project development IV: Learning process, outcomes, impact and results (&risks)	Project development VI: Plan and calendar of the work. Application, questions, answers, Share the task in the group	Farewell and departure of participants	
11:00 – 11:30		Coffee break							
11:30 – 13:00		Expectations, contribution, approach, methodology, programme  Intro to Youthpass and Learning Diary	Crucial elements of YE (quality criteria) and YE life-cycle	Micro-project practice in groups - discovering local realities regarding youth - SEEING the needs of local community and youth	Project development II: ideas about the themes of the project, aim and objectives	Project development V: Different tools to evaluate the projects and do DEOR	3rd check in - presentation of results in developing projects, feedback from the participants and action plan		
13:00 – 15:00		Lunch							
15:00 – 16:30		Team building activities + Learning contract	Non-formal learning dimension in YE and Youthpasses	Partnership as basis for the youth exchange project	1st check in - presentation of results in developing projects, feedback from the participants (peer-to peer consultations)	2nd check in - presentation of results in developing projects, feedback from the participants (peer-to peer consultations)	Summing up the learning outcomes of project and Youthpass		
16.30 – 17.00		Coffee break							
17:00 – 18:30	Getting to know each other	Working as a Team, Difficulties and Challenges	Real life and kitchen stories: sharing realities on implementing YE	Free time in Sępólno	Project development III: Programme and activities (emphasis on intercultural learning and active participation of paxs)	Time to move...	Follow-up and evaluation  Closing		
18.30 – 19.00		Reflection & "Family" Time							
19:00 – 19:45	Welcome dinner	Dinner							
After 20:00	dinner	Initiative Evening	Intercultural Evening	Polish evening	Free evening	Free evening	Farewell evening		