



PROMOTING SUSTAINABLE LIVING A HOLISTIC APPROACH TO ENVIRONMENTAL SUSTAINABILITY

13TH – 21ST SEPTEMBER 2016

UNITED KINGDOM

An Introduction to the training...

This training course will be taking an all embracing look at the concept of 'Sustainability.'

It will explore the topic of environmental sustainability and how it can be deepened and fostered by integrating it with the related concepts of economic, social and personal sustainability.

The course will use non-formal educational methods. It will include site visits to NGOs working with cutting-edge sustainability concepts and offer opportunities to experience sustainable practices directly. It will take place in the organic and beautiful natural surroundings of the ASHA Centre in the Forest of Dean. The training will take place from 13th – 21st September 2016.

Themes addressed include the following:

- Co-creating spaces of natural beauty to learn and live
- Using nature as a therapeutic and educational tool
- Envisioning a sustainable future
- Living in harmony with the natural environment
- Connecting to the rhythms and cycles of nature as the basis of community

'Biodynamics,' the particular form of organic agriculture used at the ASHA Centre, will be used as a case study of an integrated approach to sustainable living.

Participant Profile

- Passion for the topic
- Good English speaking skills
- 18 or over

Reimbursement of Travel Costs

ASHA reimburses travel expenses at 80% of the overall cost (but no higher than the [Erasmus+ travel distance band ceilings](#)).

Partner Countries, Organisations and Travel Budget Ceilings

COUNTRY	PARTNER ORGANISATION & CONTACT EMAIL (FOR ENQUIRIES REGARDING PARTICIPATION)	NUMBER OF PARTICIPANT SPACES	TRAVEL BUDGET CEILING: 80% OF TOTAL AMOUNT REIMBURSED UP TO...
UNITED KINGDOM	The ASHA Foundation uk@ashacentre.org	3	180 euros
	Asociacija "Apkabink Europa" verseckas89@gmail.com		
LITHUANIA	Asociatia Impact 2020 lilirimia@yahoo.com	4	360 euros
	Mladinski Center Dravinjske Doline karmen.kukovic@mccd.si		
SLOVENIA	Raplecion dianagrgat@yahoo.com	4	275 euros
	Surdurulebilir Cevre ve Turizm Destekcileri Dernegi surcevtur@gmail.com		
TURKEY	Oportunidades Europeas uk@ashacentre.org	3	275 euros
	The Starry Start of Talents Foundation petkov@zst-bg.org		
BULGARIA	ASD L'Orma paolo@ormasite.it	3	275 euros
	Salento Bici Tour salentobici@gmail.com		

How to Apply

If you wish to apply, please bear in mind that travel costs can only be reimbursed when journeying from one of the above countries.

To apply for this training, simply complete the application form below (page 3), save it to your computer and then email it to both the [partner organisation based in your country](#) of residence and uk@ashacentre.org

Contact Us

For any other questions regarding the course, please contact uk@ashacentre.org



Training Course on **PROMOTING SUSTAINABLE LIVING**

Forest of Dean, UK, September 13-21, 2016

To apply for the participation, please fill in the Application Form, **SAVE IT FIRST** and then email it to [both the partner organisation in your country](#) and uk@ashacentre.org

The deadline is **August 4, 2016**.

Please note that if a good application is received, participation will be offered before the deadline closes.

APPLICATION FORM

Name		Surname	
Date of Birth		Gender	
Contact Email		Contact Number	
Nationality		Country of Residence	
Sending Organisation (not applicable for residents of UK)			
Have you taken part in other ASHA Centre courses?	Yes	No	
If YES , please specify for which course(s) and when			

RELATIONSHIP TO COURSE THEMES

What is your personal/professional experience in relationship to the theme of the training?

MOTIVATION

What is your motivation to participate in this training? Please refer to a maximum of three learning expectations.

In the wider context of the Erasmus+ focus on empowering those with fewer opportunities, would your participation in this course help you overcome any barrier(s) (e.g. lack of work experience, discrimination, disadvantaged socio-economic background, geographic isolation etc.)?

SPECIAL NEEDS

Do you have any special needs or requirements that the organisers would need to take into account (e.g. dietary, disability, medial, etc.)?