

**Preliminary programme of ONE 2 ONE  
Training Course  
28th May - 3rd June, 2017  
Budapest**

| Time-frame  | Day 1:<br>28th May | Day 2:<br>29th May   | Day 3:<br>30th May   | Day 4:<br>31st May  | Day 5:<br>1st June   | Day 6:<br>2nd June  | Day 7:<br>3rd June |
|-------------|--------------------|--|--|---|--|---|--------------------|
| 9.30-13.00  |                    | Exploring and sharing our contexts<br><br>TC framework   | Importance of <b>reflection</b><br><br>Stretching our understanding of <b>inner readiness</b>  | One 2 One <b>skills-building session II</b><br>active listening<br>giving feedback<br>asking questions  | One 2 One models, techniques and methods<br><br>One 2 One <b>Talk-Time &amp; Practice</b> time I:<br>- with team member<br>- with peer buddies | Reflection on the practice sessions<br><br><b>Identifying</b> learning  | Departures         |
| 14.30-18.30 | Arrivals           | What is <b>learning</b> ?<br><br>Stages of learning<br><br><b>Youthpass</b> process<br>Competence model of youth workers<br><br><i>Reflection time</i> | Clarifying different One 2 One <b>approaches</b> (coaching, mentoring, tutoring etc.)<br><br>One 2 One Competences<br><br>One 2 One <b>skills-building session I</b><br><br><i>Reflection time</i> | One 2 One <b>skills-building session III</b><br>developing empathy<br>being non judgemental<br><br><i>Reflection time</i><br><br><b>FREE-TIME</b> (2 <sup>nd</sup> half of afternoon) | One 2 One <b>Talk-Time &amp; Practice</b> time II:<br>- with team member<br>- with peer buddies<br><br><i>Reflection time</i>                  | The wider picture: recognition, validation etc.<br><br><b>Documenting</b> own learning outcomes in preparation for the Youthpass<br><br>Future agreements<br><br>Training course Evaluation |                    |
| 20:30       | Welcome Evening    | One-to-One Inspirational Evening   |  | <i>The Danube experience!</i>   |  | The Goodbye-and-good-luck-for-your next steps PARTY   |                    |