

# encore encore ENCORE encore

August 4-13  
Hungary

tools and skills to enhance  
cross-sectoral communication

We invite you to identify your usual communication patterns and create new ones for new situations.

Our aim is to improve the quality of daily and business connections by sharing and exchanging tools and practices from different sectors and different fields of communication.

## build-up

### preparation

If you are selected, you are going to get a preparation task before the training. You need to finish it before the training and it is there to support you to create awareness of your actual life (both personal and professional) situation.

### training

We are going to work from morning till late evening. The program is super intense, and very well packed.

People who decide that they want to participate are going to have opportunities to experience and explore different methods from the basics of NLP, through the 4 different communication styles till some art therapy. Activities what we planned for the course are all from non-formal educational activities and by which you are learning by experience. Meaning that we are going to do and do things. Every day, every session is going to use the knowledge/experience of the previous ones and build on it, every step is going to be a bit more difficult in order that we keep our brain, body and state alive and fresh and ready all the time.

Your enterprise or project will be the main focus. We will have a look from many different angles. From the point of a grant agency, from the point of a business company, from the point of a target group.

With the activities, we are going to share with you tools to reshape, reframe and reform your idea if it is needed to reach the dreamed goal/destination/target/aim.

### dissemination

If you decide to come you also commit yourself that you are going to disseminate the results of the training with an activity back home. This is the most important part of the project. During this dissemination event, you can measure how much knowledge you can really implement into your life.

## program

### day 1 creating the base

We are going to set all the frames of the training and create together the playground for the group.

### day 2-5 preparation phase

You will have a chance to go through processes, which supports you to see your own ways and to experience how does it work

in a group context. All the activities are designed in a way that they prepare you to be able to do a presentation on Day 6.

We are going to deal with the topics of:

- 4 different styles of communication
- assertive communication
- intercultural conflicts
- VARKOG modalities
- body awareness
- body language
- state management
- presentation skills

### day 6 MY big day

During this day participants are going to be outdoor. Each and every participant are going to receive an individual challenge plus they are going to have a chance to present what they prepared for.

### day 7 OUR big day

From the individual challenges, we move one level upper and we create accomplish a group challenge together.

### day 8 planning and closing

The last day is dedicated to finalizing the master plans for the disseminations.

It is also there to close the relationships in between and to evaluate the program.

After the training, we will continue the communication online to share how the shared tools support developing your idea. Trainers are going to be available for online consultation.

## target group

We target people, who are willing to learn and ready to experience something new, something different. If you decided to apply and you are selected, for sure you will have a chance to explore and expand your usual ways of communication and connection.

We are looking for: **people from the area of youth work or people who are working with people.** Trainers, coaches, group leaders and everybody who are above 18 and who have a strong will to implement and to work for their own idea and missions.

From the moment when you are selected, you are going to have a job to do with the project till the point you are done with your own dissemination event. It is not only a training course, when you apply you apply for all the phases: Preparation - Training - Dissemination.

If one of them is not in your focus, then this course is not for you.

If you want to visit Hungary and meet new people as a main mission of your participation, this course is not for you.

If you have done 100 Erasmus plus projects, and you feel you need one more and this one is in a location where you have never been before, and this is your main motivation to come, we must say thank you but this course is not for you.

If you want to learn, if you are willing to learn, if you are ready to learn the yes, click on the button and apply. If you want to work hard for your dreams and for your mission, then yes click on the button and apply.

If you feel you are almost ready to step on the market, and you feel you only miss some small details, but you do not know what is it, here you might find it out, so click on the button and apply.

If you have done a basic synergy and you are planning to go and assist in another one, our suggestion is to click on the button and apply.

Selection will be based on background, interest and motivation.

We will have constant communication with your sending organizations and their suggestions are going to be taken into consideration. General answers are not accepted in the application form, trainers might ask you some specific questions after the selection, in order that they can shape the training for the profile of the participants.

## what are you going to get out?

We will take care to challenge you with activities and to offer you a chance to be all the time in a state of learning. This training is like sports trainings it is going to train your stamina, from many different points: we will constantly work and work and work. We are going to ask you every day to do a bit more than the day before. We are going to support your learning, by creating the maximum space for you to learn and offering a safe learning environment, where everything is possible.

If at least one tool, activity, process catches your attention and you learn something new from it, then your training was successful. If you will manage to build it into your daily life, then it means that you managed to master that technique and you are master of something unique.

What you got out of this course, you will tell us after you have been going through the whole length of the process (preparation-training-dissemination). The outcomes can be so-so different for everyone, as you might have noticed in the description of the project huge variety of things are available to pick.

## about us

You are going to have 2 trainers to facilitate the learning process of each people, who are also there to learn and discover something new. They are going to be assisted by a small international team who are there to learn and to experience connection and communication from a different point of view.

Click on their name to read more about them!

**Norbi** is working as a freelance trainer, self-care coach and consultant. His main field is personal development and communication. He is trained to use different methods such as synergy method, body movement, communication styles and he is an NLP Master Practitioner. He has experience with different target groups, lately his man focuses are EVS volunteers (to support their integration process) and trainers/youth workers (to support their skills development).

His main motivation to be there on this training is to decrease the gap between sectors and to offer an learning to people to change. His way of guiding the learning is to offer the maximum space and he strictly keeps the frames of the playground. Most important values for him are care, inspiration, flexibility and spontaneity.

**Sipi** is a co-founder of ReCreativity Social Enterprise, she is working as a trainer and a designer is the enterprise's upcycled brand, Cimbí. She has more than 5 years of experience as a trainer mainly working with youth, using non-formal educational methods in the fields of communication, personal development, social entrepreneurship, design and sustainability.

In this training, she is eager to share her own experience of starting a non- and a for-profit company and managing it over the past 4 years, as well as sharing the enthusiasm what keeps her NGO running. Her current motivation is to raise awareness in the importance of cross-sectoral co-operations, and bring together representatives of different fields and sectors.

In addition, **Marietta** will take care of you from the moment you applied, being in contact and supporting you with all arrangements. She is a freelance project manager, she managed so far 9 international projects: trainings, short- and long-term EVS projects. She is finishing now her MA in International Relations, certified NLP Practitioner, she is trained in civic action, NLP communication and non-formal learning methods.

The organizer of the project is **Qualitimpact Informal Group**. Qualitimpact is a group of young professionals with the aim to refresh and improve the quality and efficiency of youth work, to increase the capacity of youth NGOs and to promote and empower cross-sectoral cooperation, social innovation and the sharing of expertise.

## practicals



**Arrival day** August 4, 2017

**Working days** August 5-12, 2017

**Departure day** August 13, 2017



**Hungary**  
details in the confirmation email

### What is covered:

- accommodation
- meals
- travel reimbursement up to the limit

### What you cover

- participant's contribution: 70 €
- travel above the limit

### Partner countries

Partner countries	Limit on travel costs in €	No. of participants
Bulgaria	275€	3
Czech Republic	180€	2
Estonia	275€	2
Greece	275€	4
Hungary	0€	4
Italy	275€	2
Latvia	275€	3
Lithuania	275€	3
Netherlands	275€	2
Romania	275€	2
Slovakia	180€	2
Spain	275€	2
Turkey	275€	2
United Kingdom	275€	2

## application and confirmation

Apply only if you ready to participate in all 3 phases: Preparation - Training - Dissemination.

To apply, fill out the application form.

**Deadline:** July 9, 2017

**Results:** July 14, 2017



Everyone who applied will receive an answer after selection.

If you are not selected but a place opens up, we will let you know.

Do not buy tickets before official confirmation from us.

Details on booking the tickets comes with the confirmation email.

**Marietta Balázs**  
project manager  
Qualitimpact

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We are looking forward to see you!

the Encore Team

The project is organized by Qualitimpact Informal Group in cooperation with ReCreativity Social Enterprise and it is supported by Erasmus+ program and the Hungarian National Agency.



design by: Marietta Balázs