



Defining the Youth Empowerment -Empowerment Strategies for Inclusion

1-7 March 2018

Erasmus+ KA1 Mobility of Youth Workers

30 Participants

# **Project Information**

Empowerment should be considered as a process and also a tool and to increase the meaningfulness of the empowerment work with changes in power relations is highly needed. Thus, empowering the agency will not only effect if the relevant structures in the power relations which are still continuing to be available in the society. Considering power structure as an iceberg which has visible and invisible sides, visible sides indicates the formal parts of power as institutions, authorities, laws and rules and invisible sides indicates the informal pars of power as socialised norms, discourses and cultural practices. Empowerment work deals with that iceberg and deconstructs and equips individual to deal with visible and invisible power groups.

Considering the youth as an experience and the empowerment as a tool for increasing the capacities of young people and make them able to act and participate and considering youth workers participation to that process and increasing the capacities of youth workers in that field of work would increase the participation of young people and creation of strategies in this field has importance to promote participation and inclusion of young people in economical, social and political life.

Thus, the project proposal aims to strengthen the competences of youth workers and youth leaders to increase the participation of young people with using empowerment strategies in their daily work. More specifically the projects' objectives are;

- To strengthen the understanding of empowerment aspects in the field of inclusion and its challenges
- To create strategies on youth work context to improve the quality of youth services provided for young people to increase the inclusiveness and comprehensiveness of youth work
- To explore the role of youth work in inclusion strategies on educational services
- To create and implement local activities focused on youth empowerment
- To create partnerships for future cooperation in the field of youth empowerment

### Participants Profile & Language

- 18+ years old
- has been involved in non-formal education context in local level as youth trainer or youth leader
- Motivation to take part in a mutual learning process in a intercultural setting
- has interest to work on inclusion topic of young people with fewer opportunities
- sensitive on the empowerment of young people topic and willing to implement actions
- has a sufficient level of English (B1-C1)
- less knowledge on non-formal education either inclusion topic

# Visa Requirements

Turkey is not yet in the EU so please bring along your passports! Some of you may need visa. You can get visa in airport. Please check the board before the passport control if you need visa or not. It costs 20 USD ( 18 EUR ) if you buy from e-Visa and if you buy in the border, it costs 25 EUR.

Please check your passports that your arrival date is 6 months before your passport expiry date! Visa cost will be reimbursed %100 when it is presented.

For visa, you do not need apply for a visa and you can obtain in the border or from the website of the Turkish Foreign Ministry. Link for the Visa Service : https://www.evisa.gov.tr/en/

### **Information About City**

**Van Province** (<u>Turkish</u>: *Van ili*) is a <u>province</u> in eastern Turkey, between <u>Lake Van</u> and the <u>Iranian</u> border. It is 19,069 km<sup>2</sup> in area and had a population of 1,035,418 at the end of 2010. Its adjacent provinces are <u>Bitlis</u> to the west, <u>Siirt</u> to the southwest, <u>Sirnak</u> and <u>Hakkâri</u> to the south, and <u>Ağrı</u> to the north. The capital is the city of <u>Van</u>.

This area was the heartland of <u>Armenians</u>, who lived in these areas from the time of Hayk in the 3rd millennium BCE right up to the late 19th century when the Ottoman Empire seized all the land from the natives.<sup>[4]</sup> In the 9th century BC the Van area was the center of the <u>Urartian kingdom</u>.<sup>[5]</sup> The area was a major Armenian population center. The region came under the control of the <u>Armenian Orontids</u> in the 7th century BC and later <u>Persians</u> in the mid-6th century BC. By the early 2nd century BC it was part of the <u>Kingdom of Armenia</u>.



The Van cat is a distinctive landrace of domestic cat, found in the Lake Van region of eastern Turkey. It is relatively large, has a chalky white coat, sometimes with ruddy coloration on the head and hindquarters, and has blue or amber eyes or is odd-eyed (having one eye of each colour). The variety has been referred to as "the swimming cat", and observed to swim in Lake Van.

The modern city is located on the plain extending from the Lake Van, at a distance of 5 kilometres (3 miles) from the lake shore. Van has often been called "The Pearl of the East" because of the beauty of its surrounding landscape. An old Armenian proverb in the same sense is "Van in this world, paradise in the next." This phrase has been slightly modified in Turkish as dünyada Van, ahirette iman or "Van for this world, faith for the next."

#### Travel Costs

We will reimburse travel cost during training course regarding to travel budget of the country.

! Note: Reimbursement of travel costs will only be done upon presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes. Please print before all documents, which are related to travel expenses. This means that once home after the training, participants will be asked to send the originals of all return documents and boarding passes. Please remember to bring the original invoices – there will be no reimbursement without the original invoices and tickets with indicated Names of travellers, description of the journey, indication of cost and currency and date of travel.

<u>Please do not lose your boarding passes; you will need them for reimbursement of travel</u> <u>cost.</u>

**!!! Note:** Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the grant agreement for this project will be signed by the NA, as stated in the official European Commission web-site at <a href="http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en">http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en</a>

**!!!!! Note:** Finally, please make copies (or even better, scan or take photographs) of all tickets and invoices and email these to <u>arjinekinci@gmail.com</u> before attending the training course. This will be very helpful to organisers to begin processing the financial and reimbursement data so that all payments may be made as efficiently as possible.

The following only applies to participants travelling by plane:

You should arrive to Van before midnight of 1<sup>st</sup> of March and leave on 7<sup>th</sup> March.

You can stay up to 3 days before or after the project. You should arrange your own accommodation then. We are not responsible for the time you spend in Istanbul or Van out of project period.

Country	Travel	Pax Count
Czech Republic	360 EUR	2 Pax
Spain	530 EUR	3 Pax
Italy	360 EUR	3 Pax
Latvia	360 EUR	2 Pax
Poland	360 EUR	3 Pax
Portugal	820 EUR	3 Pax
Romania	275 EUR	2 Pax
Slovakia	360 EUR	2 Pax
Greece	275 EUR	4 Pax

### Health Insurance

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high.

# **Travelling & Arrival To Venue**

Van has only one airport and you can also travel by bus but keep in mind that it will take almost 26 hours to reach Van. So we suggest you to use flight options.

Once we have all your travel information we will pick you up from Van Airport. (IATA Code : VAN)

We are going to stay in the Van Yüzüncü Yıl University in Guest House's near by the lake and every body will share a room with 3 people.

https://www.yyu.edu.tr/AkademikBirimler/Sayfalar.php?s=557&Id=7418

Address: Van Yüzüncü Yıl Üniversitesi Rektörlüğü, 65080, Kampüs / VAN Telephone: +90 432 225 10 23



#### **Contact Information**

For the urgent cases, in the border, during your arrival if you could not find our team or you miss the flight or some assistance you need! Please feel free to call :

Arjin : +90 551 418 88 70 Onur : + 90 541 694 50 74 E-mail : <u>arjinekinci@gmail.com</u>