

Digitale

DIGITAL STORYTELLING FOR YOUTH WORK

February 13-25, 2019 - Grotniki, Poland

27 participants from Poland, France, Bulgaria, Italy, Spain, Portugal, Latvia, Turkey and Romania

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PROJECT DESCRIPTION

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KobieTY is a non-profit, apolitical, non-governmental consulting-educational organization, established in the year 2000 in Łódź, Poland. We developed new tools to influence a positive change in our local community, as well as educate and empower its members. KobieTY empowers people who are ready to become active actors in the process of change, to become leaders for their groups of reference, regardless of age, gender or cultural background. We are able to do this providing: volunteering opportunities, non-formal education trainings, sharing experience and expertise in social and educational projects writing and implementation, sharing training methods, developing a network of local, as well as international, NGOs, volunteers, and activists, developing cooperation with the City Council of Łódź, and providing consultation. Our members and volunteers implement local activities for the community, coordinate international projects, organize the International Boat of Culture festival.

<http://kobiety.lodz.pl/>

"Digitale" aims at presenting the concept of digital storytelling and exploring the positive impact it can have when used as a method of working with youth on topics such as diversity and solidarity, as well as a method to present the results of youth work. Digital storytelling is based on the assumption that every person has a unique story to be told and shared with the others. It is a modern extension of the art of storytelling that has been an important part of social interactions since the very birth of humanity. However, in the modern world where we people are constantly exposed to the flood of information, we tend to forget how reflecting on personal experiences and sharing them with others can be beneficial for one's personal development. This way of personal narrative has a potential to be noticed and appreciated, to get through with its message and inspire others. Digital storytelling is a concept that combines two crucial aspects - the power of creating personal narratives and our modern need to "go digital", giving people a chance to tell their stories in creative ways that involve using their digital skills.

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TRAINERS



Karolina Ufa

Karolina is an itinerant wanderluster, passionate about art and feminism. Born in Warsaw, Karolina graduated in cultural studies in Poland and is finishing her gender studies in Sweden. She designed and carried out creative writing courses and workshops about human rights and contemporary art in Poland and Sweden. She lived in Denmark, Indonesia, Belgium and Switzerland. She collects stamps on her passport and stories from all over the world.



Alexandra Nikolova

Alexandra is a communication designer, illustrator and visual storyteller. She has been working in copywriting, digital communication and entrepreneurship during the past 12 years while being always attracted by arts - street dancing, music and drawing. She is a trainer since 2014 when she started teaching about digital skills and all creative ways to do online marketing and business planning. She now studies History of Art in Sofia and explores the possibilities of using art as an educational tool as well as a mean for inclusion, passing important messages and self-development.



Marta Skorczynska

Marta, your logistical support during this training, and the project coordinator. Non-formal education trainer, certified in applied drama methodology. In her work finding inspiration in voice and body training, coaching and solution focused approach, and educational games. Graduate from Psychology and Social Animation studies in Gdansk University. Providing psychological support to EVS volunteers, also supporting and monitoring their learning process. Experienced in communication topics, community initiatives, and managing multi-cultural groups.

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PREPARATION - TO DO BEFORE COMING

To prepare activities that best fit your needs and personal objectives, we are asking you to work on few tasks before coming to the training. When your homework is done, please share the results with us by sending a short description of the following elements to projects.kobiety@gmail.com BEFORE JANUARY 31ST!

TASKS DESCRIPTION

- Join our Facebook group [here!](#)

...and post an image and a short presentation of yourself for the others ;)

- Bring your tools

As during the project you will all have to work on your individual, digital stories we would ask you to bring the following things needed for the process:

- A laptop or/and a tablet that works and can run an editing program without problems. Let it be with installed video editing programme like OpenShot Video, Movie Maker or iMovie (it is also possible to work with a tablet but it is more challenging so if you choose this option please make sure the screen is big enough to work comfortably).*
- Headphones - they are vital for the process of your story creation.*
- Camera (if you have one it would help you, but if not it is also possible to manage with a smartphone)*
- Smartphone if you have one. You may use it a lot for taking photos and videos as well as recording your voice over.*

- Bring a movie or a song from your country

Pick a film and/or a song about global challenges, from your country if possible, with English subtitles and take it with you to the training :)

- *Propose a workshop for the others*

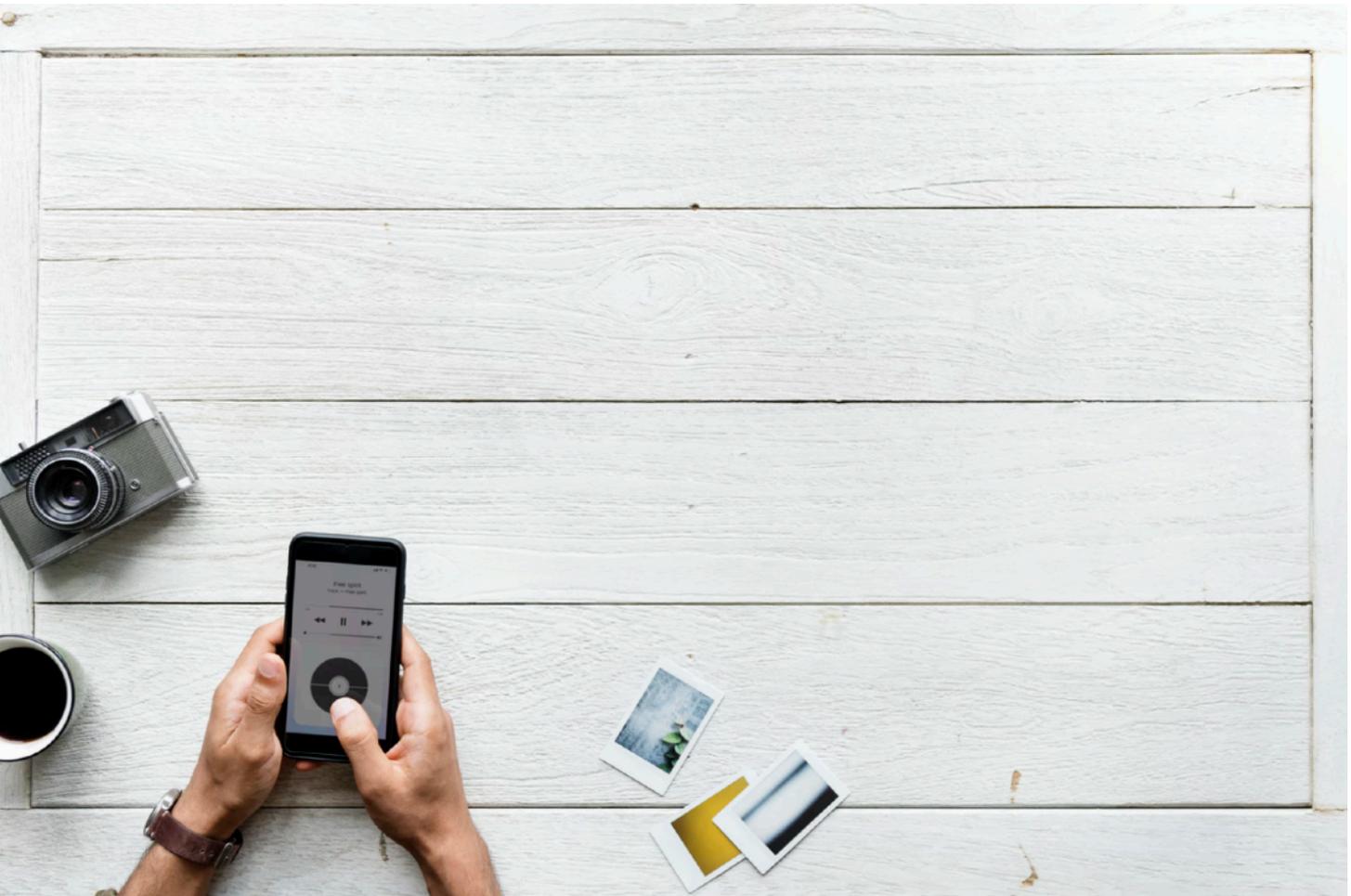
You're an educator? An artist? An activist? Amazing! Please propose a workshop that you would like to animate for the group to help them discover and explore your field of expertise! Please give us more details about your workshop suggestion here.

- *Fill up pre-post questionnaire*

Monitoring and evaluation is an essential part of the project cycle for a number of reasons, including:

- measuring changes in your skills, attitudes and behaviour
- providing information to shape even more awesome future programme
- helping to ensure that objectives of TC are met (...that is putting a smile on European Union's administrators faces).

We will ask you to fill in our pre- and post-questionnaires.



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LOCATION

The training is taking place in Grotniki, a bit remote place nearby the city of Lodz - where is located the organisation KobieTY. Our venue is close enough to the city to spend a day there, at the same time being located remotely, close to a lovely forest.

LODZ (or ŁÓDŹ in Polish)

It's the third largest city in Poland, located in the center part of our country. There is an airport, railway station and bus station nearby the city center. Łódź is an important academic and cultural center full of different kinds of musical, theatrical, literary, art and movie events.

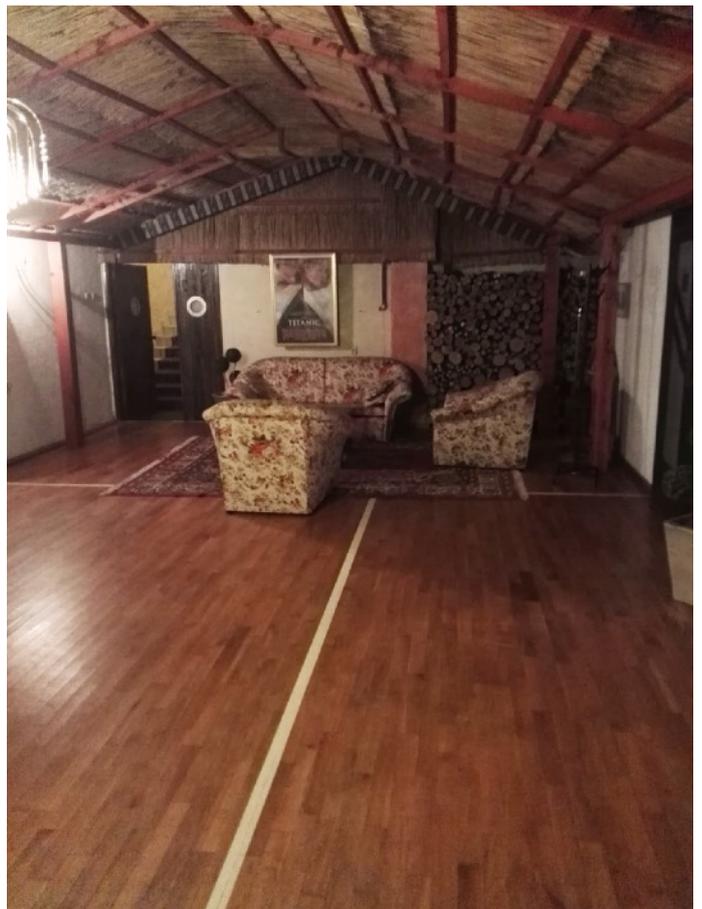
Łódź has a postindustrial history and it is going through the challenges of a city that is re-establishing its identity. Now the city is focusing on unwinding its potential by developing inside the creative industry sector.

YOUR HOME

You will be staying at «Jedliczanka», a guest house located 18,5 km from Łódź, in a heart of the Grotniki forest. You will be accommodated in a room with one or two other participants, with a private bathroom. All the rooms are upstairs, on the first or second floor, where you can get only with stairs. Our main working space is located downstairs. Meals will be prepared by the venue cooks and served in the dining room. Please, bring shoes or slippers to change inside the house. As it will be winter, outside will be wet and muddy. We want to keep our house tidy and comfy. Also, take some comfortable clothes to spend the time inside and take part in the activities, which from time to time will require some body movement. There is central heating inside the house and few fireplace. There will be wi-fi Internet access. The house has also a sauna, and who is considering to use it, please, bring an extra towel. Otherwise, there will be towels, bed linen, and hair dryers provided. Please, bring your own toiletries.

Note that there is a small village shop, but no bars nor ATM nor a pharmacy nearby. We are planning a visit to the "big city" one day, when you can also visit different shops or withdraw cash.

As it will be February, the temperatures might go even to -20 C degrees, even if it will be sunny during the day. There might be snow (we hope for that), however, might be also just very wet and muddy. Remember to bring warm clothes and warm shoes, resistant to water. We would like to go for a walk or invite you to other outdoor activities from time to time.



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TRANSPORT TO THE TRAINING

Before booking any tickets, send your offer to projects.kobiety@gmail.com and wait for confirmation.

When looking at your reservations, make sure you will arrive to Grotniki on the 13th of February at 16:00 h (4pm) and will leave the venue on the 25th of February 2019, no later than 10:00 h. (10am)

Flights

There is an airport in Łódź, however it operates just few flights. The bigger and best connected with Łódź are the airports in Warsaw and Modlin - from there you can take a shuttle bus to Łódź directly.

Coach and train

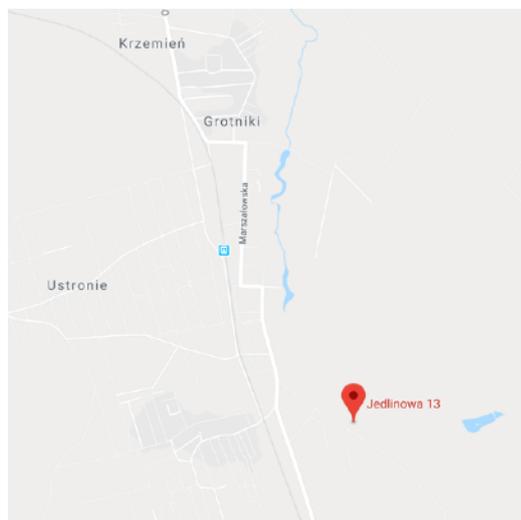
From anywhere, you can catch a Flixbus or Sindbad, Eurolines or other bus line, as well as a train to arrive in Łódź Fabryczna station or Łódź Kaliska station. Both are more less in the centre. Check your connections.

To book Polish trains visit: <https://rozklad-pkp.pl/en>

Local train to reach the venue

Using the same website <https://rozklad-pkp.pl/en> you may check the timetable for connections operated by ŁKA, from Łódź Kaliska to Grotniki. The ticket you can buy inside the train in a ticket machine or with the ticket controller. It should cost 6,50 PLN

From the Grotniki train station it's only more 20min walk to the venue. http://bit.ly/way_to_the_venue



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TRAVEL REIMBURSEMENT

We will be able to reimburse your travel costs up to a maximum amount of:
-Spain, Portugal – 360 EUR,
-France, Bulgaria, Turkey, Latvia, Italy, Romania – 275 EUR.

We are also asking you a participation fee of 30 euros, which will be used to finance extra activities planned to enjoy the time together, such as sauna and a dinner out in Łódź, planned for one of the days.

Reimbursement procedure

Here is what you need to do to be reimbursed for your travel costs:

1 - make sure you have filled in the application form and confirmed your participation by sending an email to projects.kobiety@gmail.com

2 - do the preparation tasks you were asked for by the trainers team

3 - keep all your original tickets (including tickets for public transportation) and boarding passes during your trip. We will collect them during the training. If you won't have all of them we will be unable to reimburse you.

Reimbursements will be done in cash on the last day of the training course, in EUR or PLN (Polish currency).



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CHECKLIST

Please send what is asked to projects.kobiety@gmail.com

to DO NOW - before 1st of January 2019

- fill in the participants' form if you haven't before: <https://nomadways.typeform.com/to/g1RbXY>
- look for tickets & send your offer to projects.kobiety@gmail.com before buying them

to PREPARE BEFORE the training

- join our Facebook group and present yourself with a short text & image!
- fill in the pre-course questionnaire - will be sent to you later
- prepare and shortly describe to us 1 workshop proposal for the rest of participants
- prepare at least 1 energizer for the others

to BRING WITH YOU for THE TRAINING

- a laptop or a tablet with installed video editing programme; a camera or a smartphone; and headphones - 1 movie/song from your country
- a towel and your toiletry - warm clothes, socks and shoes
- warm jacket and comfortable warm shoes for walking in the forest
- shoes/slippers to wear inside the house
- some snacks from your country, which you would like to share with the others during the coffee breaks
- money and anything else you might need (medicine, chocolate..)



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CONTACTS

Marta Skorczyńska
projects.kobiety@gmail.com

YOUR HOUSE

JEDLICZANKA
Jedlinowa 13
95-073 Grotniki
GPS: N 51° 52' 43.10" E 19° 19' 23.51"
Map: <https://goo.gl/maps/FX4U21as36Q2>



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