

Gaming Techniques for Youth Workers

Ka1 Learning Mobility of individuals
4-11 November 2019, Vienna

9 Countries

27 Participants

Games

Workshops

Non-Formal Education



Erasmus+

MOVE to Be You

Co-funded by the
Erasmus+ Programme
of the European Union



INTRODUCTION TO THE PROJECT:

Gaming techniques for Youth Workers

2019-1-AT02-KA105-002362

The training course will be hosted in **Vienna** between the dates **4th to 11th November 2019**.

The countries involved in the project are: UK, Spain, Croatia, Macedonia, Czechia, Lithuania, Latvia, Poland, Austria

SUMMARY:

We complain that young people today consume much time on the computer, TV and video games. These activities greatly limit their learning experiences. This does not mean that we should limit hundred percent access to these diversions, but we have to generate alternatives that are educational and enriching. In-out (door) tools provide an activation of the five senses: sight, hearing, smell, taste and touch. The urban environment and daily routines keep us away from varied and exciting sensory experiences for the development of our sensibilities that provide comfort and relaxation. The training is aimed to improve training competences of trainers, facilitators and team leaders on participatory education through playing games, lead activities and to motivate young people in local and international level to do in-outdoor activities. The training course is based on a non-formal and a trainee centred approach putting the needs and abilities of the participants in the centre of the training. The youth workers will learn plenty of activities, games, workshops that they can develop with young people and how to motivate them to participate in the daily life in their communities. A broad range of educational means will be applied ranging role plays, workshops, to short interactive exercises and trainee-led sessions.

OBJECTIVES:

- Improve the skills of trainers, facilitators and group leaders on education participation, through play in-out(door) games.
- Share experiences and knowledge of trainer to trainer.
- Learn, test and develop new activities, games, workshops, etc. that can be used for education work with young people and other groups.
- Allow time and space for personal development of participants as trainers, facilitators or leaders.

- Establish new partnerships and cooperation for improving the quality of international youth work and project development.
- To learn ways to promote and motivate young people to do in-out(door) activities.
- Creating an ebook with methods created and learned.
- Cooperation in the new Erasmus program project +

TARGET GROUP:

3 participants per country.

Profile: youth trainers/workers who are actively working with young people as professionals or on voluntary basis, Team leaders, Teachers, Coordinators.

HOSTING ORGANIZATION:

We are an Austrian NGO formed by a group of educators and trainers, who found fulfillment in some form of movement, sport, physical or mental practice, performing art or any such that one can lose or completely find themselves in. The shared enthusiasm and the common understanding of MOVEMENT lovers who devote their time to get free by MOVEMENT. This is what we do and would like to inspire others to do. MOVE To Be You.

MOVE to Be You develops projects using movement, sport and physical activity for self- and community development, mindfulness, leadership, stress reduction, inclusion to support the creation of a mentally and physically healthy and active inclusive society.

Due to our member's experience, we are specifically well connected in above fields both in Europe and Asia and are opened to expand our connections to develop projects with NGO-s and realize CSR projects for companies, groups and communities who care for health, sustainable development to raise the human capital of the society. Our team of highly qualified professional project managers and trainers know how to share knowledge and create supportive environment with different coaching techniques, non-formal educational tools, experiential learning and nature based educational methods.

MOVE to Be You's motto and philosophy is: "Entwicklung in jede Richtung" means "Development in every direction."

PLACE OF THE PROJECT:

Vienna

(*Wien* in German) is Austria's capital and largest city.



With a population of about 1.8 (2.4 million within the metropolitan area, more than 25% of Austria's population), and is by far the largest city in Austria, as well as its cultural, economic, and political centre. The city lies in the east of Austria and is close to the borders of the Czech Republic, Slovakia, and Hungary. In 2001, the city centre was designated a UNESCO World Heritage Site.

Vienna is often said to be "The City of Dreams" because it was home to one of the world's greatest interpreters of dreams, Professor Sigmund Freud. Its roots lie in early Celtic and Roman settlements that transformed into a Medieval and Baroque city, the capital of the Austro-Hungarian Empire.

The city is well known for playing an essential role as a leading European Music Centre, from the great age of Viennese Classicism through the early part of the 20th century. The city has played host to composers such as Brahms, Bruckner, Mahler and Richard Strauss. The Historic center of Vienna is rich in architectural ensembles, including Baroque castles and gardens, as well as the late-19th-century Ringstrasse lined with grand buildings, monuments and parks.

FINANCIAL ASPECTS

- Participation fee: 70 Euro/participant
As a contribution to a high quality training course (additional organizational costs and Cultural Programme - sightseeing in the city center with an experienced Tour Leader.)
- Food, activities and accommodation is Co-Funded by Erasmus+.
- Participants will be reimbursed for the unit travel cost using the rules of the Erasmus +

REIMBURSEMENT CONDITIONS:

The activity dates are 4th -11th November 2019. The **travel dates** are **4th November (arrival)** and **11th of November (departure)**. Please keep in mind that we provide **lodging only for the duration of the project** and not more.

The organizers will reimburse for the unit travel cost using the rules of the Erasmus + from the home city to Vienna and from Vienna back home. **(we will NOT cover insurance, taxi or car).**

Reimbursement of your travel costs can only be done upon submitting **ALL** the original tickets, invoices, boarding passes tags, etc. - or upon presenting the payment evidence along with the original ticket or e-ticket (with the boarding pass wherever applicable) and submitting us the respective copies.

To be reimbursed, the participants need to take part in all the duration of the training course and all the activities.

All the requested documents serve as supporting documentation for the Project's Final Report (and reimbursement).

Reimbursement will be done in EURO, based on the exchange rates given by the Erasmus + Programme specifically the Austrian National Agency, and the rules for reimbursement and reporting.

The reimbursements will be done through **bank transfer** to one account number for each partner organization upon receiving all the original tickets, invoices and boarding tags.

! For the reimbursement it is essential to travel directly in the most economical and feasible way, without any longer stop-over from home town to Vienna in order to arrive and depart on the given project dates!

PLEASE NOTE: The organizers will not provide any accommodation for additional stay in Austria.

If participants plan to arrive a 1 day earlier or depart 1 day later, they are kindly requested to inform organizers and to justify it's reason before buying any ticket! We need to contact our National Agency for the approval upon which we will be glad to assist with necessary arrangements.

MAXIMUM AMOUNT FOR REIMBURSEMENT:

Each country need to send **3 participants**:

Country	Amount per Person
UK	275€
Spain	275€
Croatia	180€
Macedonia	275€
Czechia	180€
Lithuania	275€
Latvia	275€
Poland	180€
Austria	20€

The participants can fly to Vienna or take a train or bus. The sending organization or participants themselves will buy flight tickets which will be reimbursed according to the rules. **PLEASE NOTE** that all prices need to be accepted by the coordinator before any purchase is made, a screenshot from the website can be sent to us in advance and we will approve or decline within 48 hours, all attempts will be made to answer these emails as soon as possible. Tickets purchased without prior consent could result in no reimbursement for travel costs!

SAFETY & INSURANCE:

Responsibility of the participants.

ACCOMMODATION:

The Training Course will be held in Vienna and accommodation in:

JUGENDGÄSTEHAUS WIEN – BRIGITTENAU & BRIGITTENAU YOUTH
PALACE

1200 Wien, Adalbert Stifter Strasse 73

<http://www.1200vienna.at>

Bed linen are provided, **own towels need to be taken**. No alcohol consumption in the building is allowed.

We strongly recommend participants to inform the organisers about any special needs such are dietary, vegetarian or any other special needs they may have.

The first meal included in the project will be the 4th November 2019 dinner.

- IMPOTANT NOTE -

We would like to point out the fact
that this is an
Educational International Youth
Project

NOT a holiday, sightseeing trip or a
travel experience