

Abroadship.org

Centre of Learning Through Mobility

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Erasmus+ Programme
of the European Union



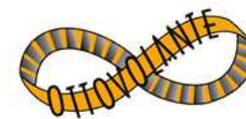
Erasmus+ Youth Exchange

Diverse Communicator

20-28 JANUARY 2023

29 MARCH - 7 APRIL 2023

KENNINGTON, UNITED KINGDOM

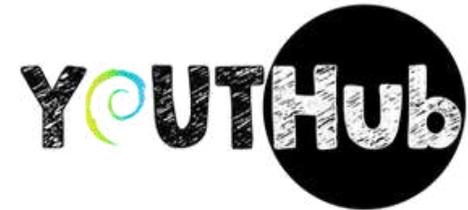




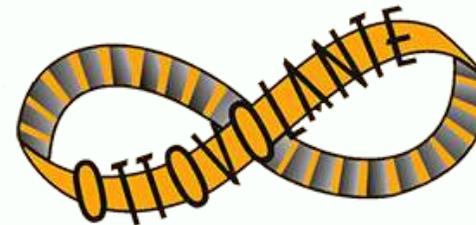
INOVATYVI KARTA
INNOVATIVE GENERATION



*Diverse
Communicator*



SZTUKATER.PL



Project **Diverse Communicator** offers unique means by which we can explore ourselves (personal competence) and who we are in the wider world (social, citizenship and cultural awareness competences) to communicate with others (culture expression, empathy and multilingual competences).

Project aims to tackle nowadays youth issues through 5 main senses:

1. **Seeing**
2. **Touching**
3. **Smelling**
4. **Tasting**
5. **Hearing**

in dynamic scope (**moving**).

We put emphasis to movement and particularly dance as a form of art which (in experiential way) helps to open a dialogue within and between individuals and communities. You will also have a chance to experience improvisational theater

Culture, another key concept in the discipline of art, refers to the values, beliefs, norms, and rules shared by the group and learned through communication. Therefore, our main point is to give equal opportunities for everyone through social inclusion using art as the main tool.

CONTEXT





OBJECTIVES

- Promote discussion for inclusion through movement and senses
- Understand what nonverbal communication is and how to use it for a better communication
- Empower proximity, interactivity and socialization through art
- Ignite discussion about discrimination and inter cultural dialogue with the help of outdoor education methods
- Raise awareness about different cultures and how art is related to each culture
- Enhance media literacy skills through art methods



Who Should Attend?

- You are motivated and open minded to dance and move, exploring sensitive topics, face stereotypes, step out of comfort zone.
- You are willing to challenge and (re)discover yourself and at the same time to incorporate the views of others (developing intercultural empathy) and acknowledge responsibility.
- Ready to participate in an intercultural environment and eager to test yourself in working on an high speed youth exchange full of practical assignments
- Resident of UK, Lithuania, Poland, Italy, Bulgaria, Czech Republic
- Able to work and communicate in English
- You are 18-30 years old (except leaders, who can be of any age),

PROGRAMME

1

Arrival to Kennington, **traveling to the magic training place**, 2h away from London

2

Sessions are subject to change: Getting to know each other, Team building, Art and my culture, Intercultural diversity, Dancing and culture, Forum movement, Media literacy, Hiking, Modern Dance and self-reflection, Different but equal, Open Space, Flashmob, Evaluation, Erasmus+, Youthpass

8

9

Departure



DELIVERY STYLE

- "Learning by experience" - learning from experiencing different activities and putting them into practice;
- "Learning to play, playing to learn" - connected with learning through games, from actions and playful environment;
- "Learning through dance" - learning about sensitive topics while being in movement
- "Learning with nature" - being aware of the environment and its stimulus to brains, mental and physical condition





METHODS USED

- Experiential learning through dancing
- Cognitive Behavioural Coaching approach
- Group dynamic processes, simulations and teamwork activities
- Inputs from experts through non-formal education lectures and facilitated processes
- Dynamic workshops and presentations
- Kolb's cycle (learning cycle)
- Intercultural sharings, learnings and reflections
- Learning by doing in a group setting or individual processes.



€ FINANCIAL COSTS

- 100% accommodation, food and program materials are covered by the grant from Erasmus+
- 80% traveling costs (only preapproved and the most economical - no first class, no taxi, no special seats, insurances, etc) are covered.
Maximum traveling costs
 - €20/participant for UK;
 - €275/participant for Lithuania, Poland, Italy, Czech Republic
 - €360/participant for Bulgaria
- For traveling reimbursement, it is mandatory:
 - online tickets: forward emails with e-tickets, boarding passes and invoices, it has to contain price and date.
 - offline tickets: bring original receipts (originals), copies will not be accepted.
- Reimbursements will be sent as soon as possible, latest 30 June 2023, once (and if) participants take part in
 - full duration of the programme
 - fill the evaluation forms
 - present all the traveling documents

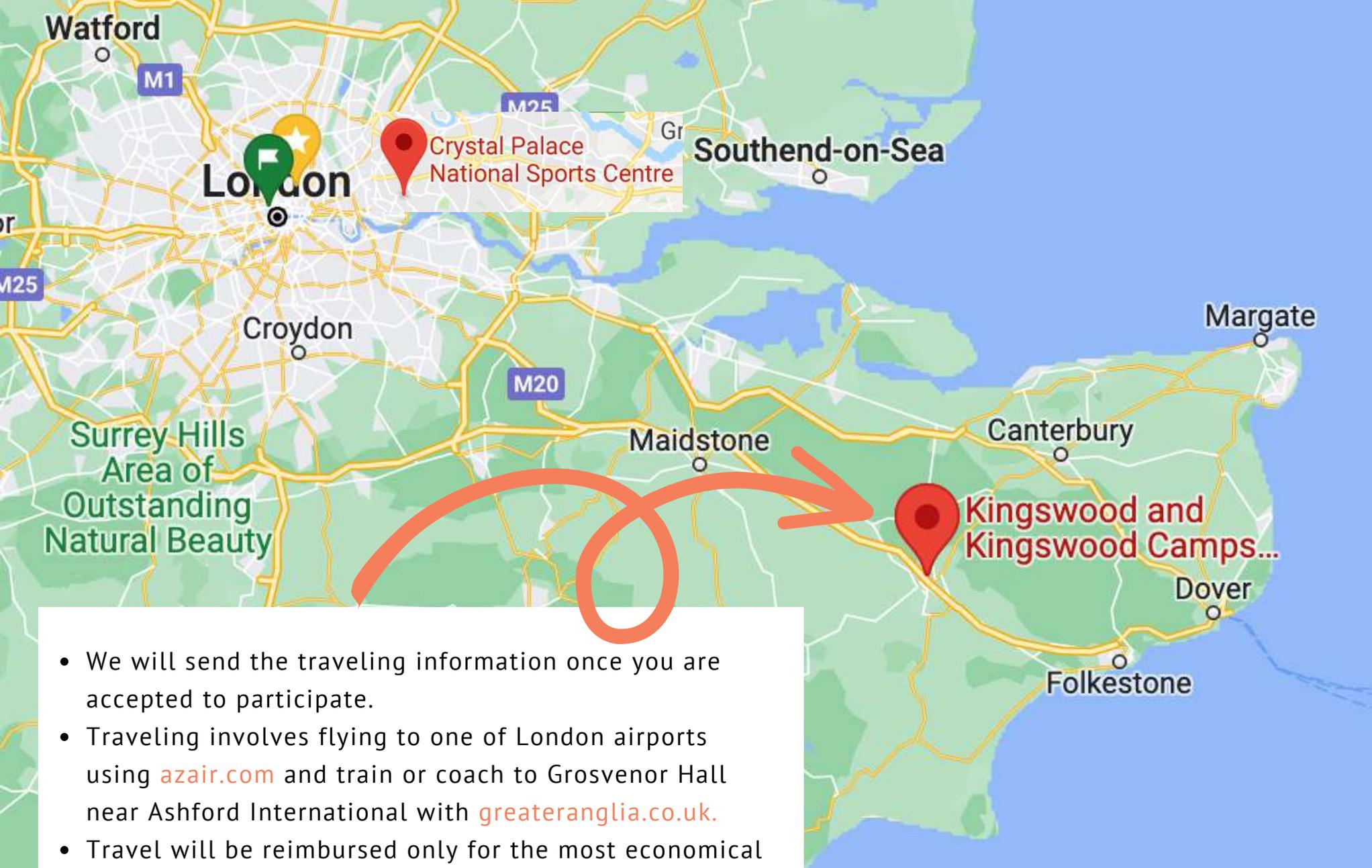


Diverse Communicator

WHERE?

UNITED KINGDOM





- We will send the traveling information once you are accepted to participate.
- Traveling involves flying to one of London airports using azair.com and train or coach to Grosvenor Hall near Ashford International with greateranglia.co.uk.
- Travel will be reimbursed only for the most economical means of transportation (see conditions).
- Traveling options must be confirmed at hello@abroadship.org prior to the purchase of tickets.

HOW TO GET THERE?

WHEN TO GET HERE?

Youth Exchange #1

Arrival Day: 20 January 2023

Programme: 21-27 January 2023

Departure Day: 28 January 2023

Youth Exchange #2

Arrival Day: 29 March 2023

Programme: 30 March - 6 April 2023

Departure Day: 7 April 2023

Days allowed to stay in the UK: This is a great time to explore United Kingdom. We will not have a lot of free time during the programme, thus if you want to explore country, please arrange extra days. You are allowed to come max 7 days before the YE or leave after max 7 days after the YE, but the total amount of the days that are not part of the programme is max 7 days. If you decide to stay more than 7 days longer than the official programme, you will have to cover the traveling expenses yourself. During these extra days, you have to find your own accommodation and no other expenses are covered (we will cover just flights on different days).



PRACTICALS - WHAT TO BRING!



- Casual, warm and sports clothes for outdoors (take into consideration rainy British weather) and indoors;
- Small backpack (not necessary, but very practical for the outdoor walks);
- Towel and Hairdryer, if needed
- **Passport is mandatory! EU ID cards are not accepted after BREXIT**



- Medicines
- Insurance - this is critical! Please bring European Health Card and Insure in other ways because we do not provide and are not liable for any incidents
- Food and traditions to represent for intercultural evenings



MEDICINE, ALLERGIES & DIET

If you have illness, physical limitations and/or use the medicine, we need to know about, please let us know.

If you are vegetarian or have special diet, let us know, indicating what you can and cannot eat, so that we can arrange the suitable food.

WEATHER

In January temperature in Grosvenor Hall ranges from 1 to 7 degrees, sunshine lasts \pm 2 hours and of course of course of course (not so) beautiful rain (rains \pm 13 out of 30 days) is a constant friend and a mandatory discussion subject in all conversations.

Check the weather forecast [here](#)



HOW TO APPLY?

Fill in the application form available:

<https://forms.gle/UK9Vur8sHrQ3bYsT8>



In order to apply for Diverse Communicator project, you must be over 18 - 30 years old (unless you are a leader) and a citizen of one of the partner countries. Contact the partner organisation from the list below if you need any support.

Abroadship.org

Inovatyvi Karta

Associazione Ottovolante

Sztukater

YOUTHub

Be International

UK

Lithuania

Italy

Poland

Bulgaria

Czech Republic

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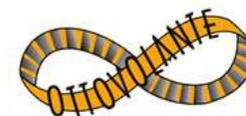


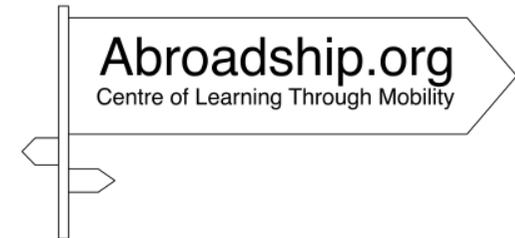
Erasmus+

For information, clarification, logistics,
general questions, please contact us at:

hello@abroadship.org

Diverse Communicator in United Kingdom





Global online platform of
opportunities abroad

Abroadship.org
@abroadship

