











WOMAN OF STEEL

I SPOKE OUT PUBLICLY ON BEHALF OF GIRLS AND OUR RIGHT TO LEARN. AND THIS MADE ME A TARGET"
- MALALA YOUSAFZAI



Movement is the sign of being alive, as the body with soul, that has never been touched by death and becomes stuck and stagnant. History has proven that evolution can impact one's life and death. Over the period of time humans have always searched for better life conditions and migrated to achieve it.

This is the story of a girl that was born in a small town of a Central Asian country called Pakistan, with reduced resources and oppressive forces that could weaken strong will, but she stood like a woman of steel. Malala, a little girl, was born in Mingora (Swat), Pakistan in 1997. She was raised by strong willed parents that tried to give her all the opportunities equal to that of a boy in one of the most conservative parts of the country. Malala loved school and showed interest in writing from a very early age. She was also involved in women's educational rights from the age of eleven, the same year it was banned for women to attend school. Malala's outspoken personality and strong sense of justice and equality put her in constant danger.

In 2012, Malala was shot on the left side of her head, by a masked gunman, on her school bus.

Ten days later, she woke up in a hospital in Birmingham, England, unaware of the media attention she had gained while being unconscious. It took months of surgeries and rehabilitation before she was able to join her family in her new home in the UK. Despite a severe brain injury she didn't stop advocating for women's education and rights. Due to migrating to the UK and media attention gave her a lot of new opportunities she didn't have before. With her father, she established the 'Malala Fund' dedicated to give girls the opåportunities to choose their future. Due to her positive impact and influence on many lives, she was awarded the Nobel Peace Prize, making her the youngest Nobel laureate.

At the end of the day, positive migration can not only change one's life but also many other lives that are connected to it. Positive Migration can impact one's life and have many inspirational stories for those who search for a new improved life.

SAVING 5 TERRE'S HILLS FROM THE ABANDONT THROUGH IMMIGRANT'S HELP.



Moussa and one other people from Senegal and Nigeria from Integration Project are working to fields in Riomaggiore.

In a little village in 5 terre, in Liguria, a local young farmer and entrepreneur is collaborating with the NGO Caritas La Spezia. He is Heydi Bonanini and he is the owner of agricultural company Possa. Possa produces a particular wine called "Sciacchetrà" a typical wine

This success not would be possible if Moussa and Omar, weren't on his side. They come from Tamacounda, in Senegal and arrived in Italy after a long journey through Mediterranean sea.

Cultivating vineyards to produce this nectar is very tiring someone speaks about "eroic winegrowers", and for this reason is not difficult to find abandoned field in 5 terre.

Until new arms arrive willing to dig up that land, so they can return to grow that fruit.

This is what is happening in Lavaccio, in Riomaggiore, where an acre has been restored thanks to Integration project, born from the collaboration between the Caritas of La Spezia, the national park of the Cinque Terre, the Carispezia Foundation and the association of Confagricoltura Liguria.

During the project presentation which was made by Moussa, he thanked the project because he learned from ancient people of Riomaggiore how to build dry stone walls and how to taking care of the vineyards.

Moussa lives for two year in La Caritas Migration's Center, after this project he moved to Riomaggiore being an active member of the community and everyone there welcomed him there.

At Moussas back, from a distance we can see that sea that, between many difficulties and vicissitudes, brought him here, in 5 Terre, where he is actually one of that community. Immigrant's sciacchetrà will soon also tells his history.

UKRAINIAN REFUGEE EXPANDS HER SEAFOOD RESTAURANT CHAIN IN MOLDOVA AND ROMANIA

Olga Kopylova, a 40-year-old Ukrainian restauranteur (and now refugee), first expanded her chain of sea cuisine-centered restaurants from Ukraine to Romania, in the seaside city of Constanta, and has now opened a Chernomorka restaurant in C"And she doesn't want to stop there," writes Libertatea.

"She's planning a new project named Kozy or Goat Town, in the village of Pohrebea, 35 km from Chisinau, where she wants to build a theme park with its own post office, currency, and town hall."

The restaurant is staffed mainly by Ukrainian refugees: former teachers, IT specialists, and engineers, whom Kopylova is trying to offer an island of normality until the war is over.

The team relies on money from European investors, as well as Ukrainian expats. "People support us because they want to help Ukraine," says Kopylova.

While Olga Kopylova focused on expanding her Ukrainian restaurant chain into Moldova and Romania since the war began, she has also targeted markets in Poland and Germany.



WE'RE READY TO FRY FISH FOR THE WHOLE WORLD SO THAT UKRAINE WINS" IS ONE OF CHERNOMORKA'S SLOGANS.

HE ARRIVED IN A BOAT TO THE CANARY ISLANDS WITH 89 OTHER PEOPLE AND TOOK EIGHT DAYS TO GET THERE

His first video was entitled 'Santa Claus' and reached 100,000 views in a week. Currently it has more than 6M views.

Lory Money is a well-known youtuber known for his particular raps, what not so many people know is the story of overcoming and sacrifice that this Senegalese based in Valencia has behind him.

It has been almost ten years since Lory entered in a "patera" along with 89 other compatriots with the aim of reaching the Canary Islands. After eight days of hard journey, with very adverse weather conditions, he reached the islands.



He arrived in Valencia thanks to a friend of his father's who sent him money to pay for his ticket. "I arrived with two pairs of pants, a T-shirt and 40 euros," he said in an interview with the newspaper ABC. After working in the "top manta", Lory ended up working as a waiter in a bar where he used to go regularly after his day of street vending.

Together with a co-worker, Lory started working on the song "Santa Claus" and shared it with his friends. A year later, Lory learns of his grandfather's death and decides to return to Senegal. "I called Cris and he said he understood me, but why don't we try making a video. Let's see if it works. There was no need to spend money, we would do it with the cell phone camera. Cris gave me 15 euros to buy the Santa Claus cape and we started filming in the street. People laughed, but I wasn't ashamed because I had nothing to lose," says Lory

Santa Claus' was a hit, with more than 100,000 views in less than a week on YouTube. Since then his life has changed completely: a dozen hits ('Ola ke ase', more than 10 million views, 'Little Nicholas', '1.7 million', etc, etc), more than 140,000 subscribers on his YouTube channel, contracts to perform live and maybe a movie soon?

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"I WANT TO GO FAR AND I DON'T LIKE ANYONE TO STAND IN MY WAY. I KNOW NOW THAT NOTHING IS IMPOSSIBLE." HE CONCLUDES.

"THE SWIMMERS"; IS IT JUST A MOVIE?



On the 11th of November 2022 Netflix released a new movie with the title "The Swimmers". Two sisters from Syria, Yusra and Sara Mardini (17 and 20 years old), who were professional swimmers, decided to begin their inevitable journey to Europe in order to give their family the chance to escape war and have a safe life. Using all the available means, their purpose was to reach Germany and claim family reunification. Traveling by plane as tourists to Turkey, they approached a human smuggler in Izmir in order to get helped to make it to Greece. Sadly, their boat started to malfunction in the middle of the ocean, and half of the passengers had to swim the rest of the way to Lesbos Island. Of course, the sisters were the first to jump into the water and show bravery to help others dare to.

At the end, after all the struggles, they could finally make it to Germany. And as soon as they arrived there, Yusra found a swimming club and progressed her professional swimming career. After a few years, she attended Swimming Olympics of Rio (2016) representing IOC refugee team. During Tokyo 2020 Olympics, she qualified for the team Syria, but still she chose to remain on the refugee team and represent them.

THE FUTURE OF THE WORLD IN THE STORY OF A POLISH WOMAN

In the beginning there were no borders. People were moving and crossing lands, mountains, rivers, and seas. Then walls were built and people were divided into Nations and races. Cultures were born and sometimes they clashed with each other. But people never stopped moving. Borderlands were born: they "are physically present wherever two or more cultures edge each other, where people of different races occupy the same territory, where under, lower, middle and upper classes touch, where the space between two individuals shrinks with intimacy." (Gloria Anzaldua, Borderlands/La Frontera: The New Mestiza).

In our everyday life we meet many people who have travelled across the world and sometimes we don't even notice how they can enrich our life and our economy. Immigrants are hungry and they are ready to work as hard as they can to get to the top, to build the life they dreamed about and moved for. An example could be A.B., a Polish woman who began her migration story travelling to Germany to study at university. She earned her chance to do so despite the fact that her family was not too rich: the hard study provided her with scholarships and she also found a job to sustain herself.



Afterwards, she moved to England to continue her studies and she kept having great results. While spending time in the community of Taizé, in France, she met an Italian man and they fell in love, but then she had to go back to Poland. They began sending each other letters and, if they were lucky, from time to time they also had the chance to call each other. After some time they got married and she moved to Italy. Speaking six languages (Polish, Russian, German, Spanish, English and Italian), and working hard, she went from working as a teacher to being a successful business woman. After all the hard work and study, she was able to get the life she wanted for herself.

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WHAT IS THE COST OF DISCRIMINATION?

In recent years the United Kingdom decided to leave the EU. Powerful corporations wanted more control over their profits and used the media to spread right wing conservative values of nationalism, promoting hate against migrants, which resulted the UK leaving the European Union for good.

Unfortunately and unexpectedly the Covid-19 pandemic hit the world affecting business all over the planet, and due to financial cumstances million of Europeans were forced to fly back to their country to support or be supported by their families, but due to the change in the migration laws they were unable to return to the UK.



A huge part of these people were NHS staff, nurses and care workers, after their departure the UK health care system almost collapsed, and even nowadays the NHS is under pressure and the social services never faced such terrible crisis, affecting directly the poorest, elderly and those in need. The government and those who voted in favor of the Brexit learned in the hardest way the price of discrimination and the importance of migrants to this nation.

At least 50,000 more nurses and health care staff will be needed in the next 5 years and another 50,000 care workers will be required to provide basic social care. But there is light at the end of the tunnel. UK nationalism backfired and they had to make several changes in their immigration laws and one of the most important advances in this process is the Health and Care Worker visa that allows medical professional to come to the UK and work at the NHS and adult social care. This visa is much simpler to get and goes against what they initially wanted, which was to difficult the entry of migrants in the country.

We hope the UK mistake becomes an example for the rest of the world do not diminish the importance of migration to their country and how much these people contribute to their lives, well being and even economy.