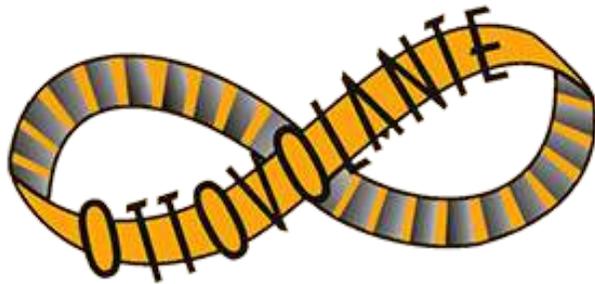
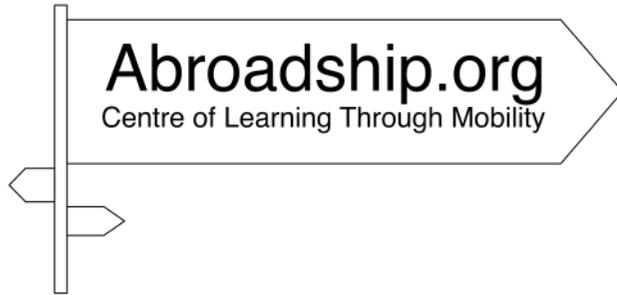


Abroadship.org
Centre of Learning Through Mobility



*Erasmus+ Youth Exchange
Isle of Wight, United Kingdom
10-19 March 2020*

I AM RESPONSIBLE



Creativity Rocks





CONTEXT

Project vision is to empower you to become ambassador of freedom, boosting your tolerance level up: towards another, who is considered as “not normal” in specific community/society, being a critical thinker, who do not take the information as the only truth and do not take it for granted. Can we make a positive influence by being able to question? To be keen to make hundreds of questions and, if needed, unlearn many things believed all life - homophobic attitudes, discrimination, ignorance. We believe that well adapted non-formal education methods and deep work during activities will plant a seed for a continuous change in you and your friends, families, societies, cities and one day - all the world. **Lets plant a small seed, which will grow to the big world tree - full of fruits of compassion, empathy, knowledge, humanity.** We believe that starting point is from “myself” - we will invite to take personal responsibility and start making a change and commit to be full part of this project which will not finish with the project ending date.

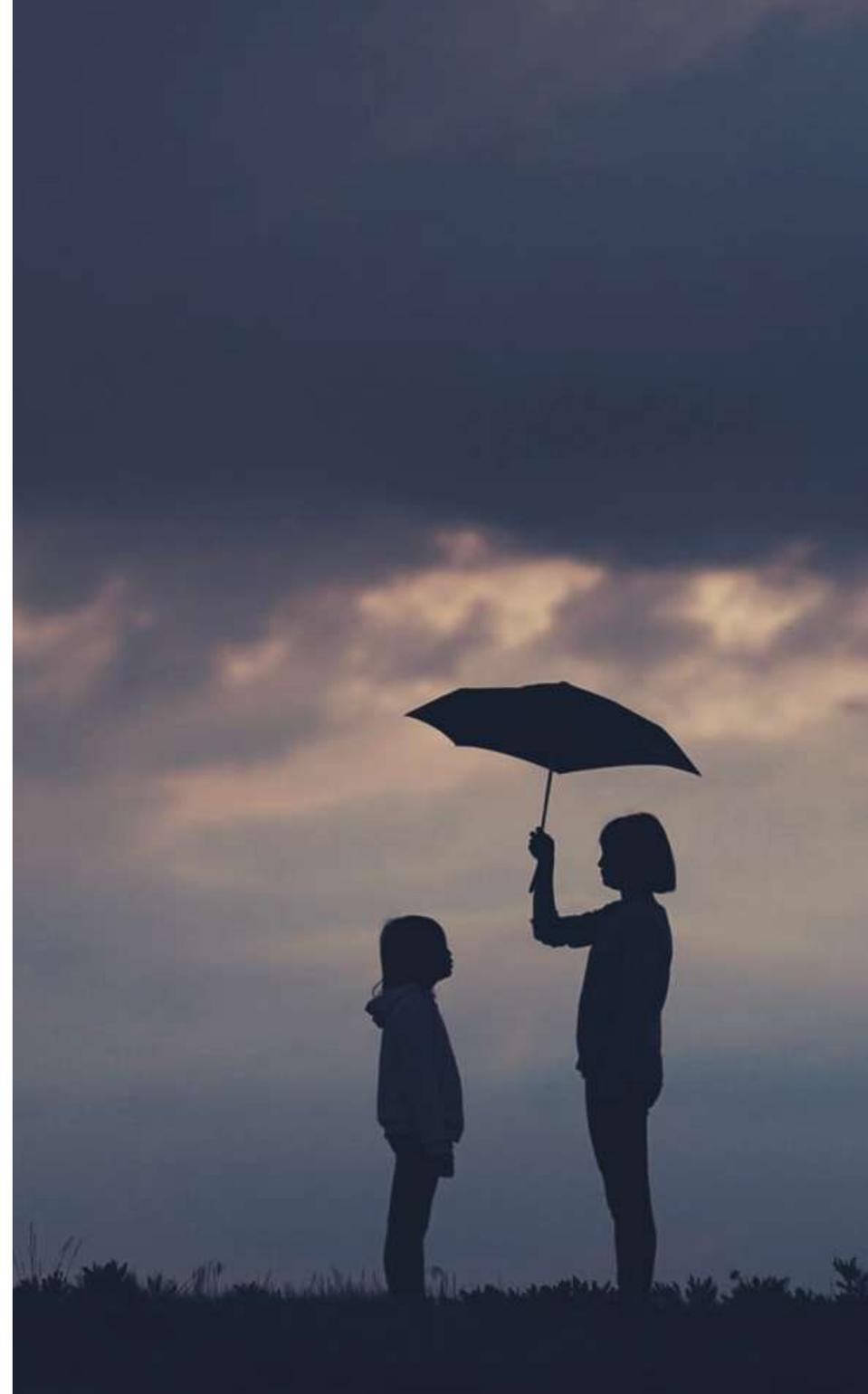


"The price of greatness is responsibility" - Winston Churchill

GOAL & OBJECTIVES

The aim of this project is to bring people closer together different cultures and religions through each individual's critical thinking (emphasis on information coming from internet) and outdoor education

- Enhance the attitude of young people towards positive change and solidarity with minorities and people from different backgrounds;
- Encourage discussions about cultures, values, norms, taboos, language and local issues related to social stigma/prejudices;
- Enhance media literacy putting emphasis on information spread on social media and internet in general regarding migrants, refugees, asylum seekers and socially excluded groups in general;
- Learn how to take personal responsibility and have the courage to become an active citizen through coaching methods;
- Support participants to be active in their local communities towards causes and social issues;
- Increase critical thinking through methods related to experiential cooking and science, coaching and outdoor education;





WHO SHOULD ATTEND?

- You are motivated and open minded to explore sensitive topics, face stereotypes, step out of comfort zone.
- You are willing to challenge and (re)discover yourself and at the same time to incorporate the views of others (developing intercultural empathy) and acknowledge responsibility.
- Ready to participate in an intercultural environment and eager to test yourself in working on an high speed youth exchange full of practical assignments
- Resident of UK, Lithuania, Italy, Turkey, Spain and Norway
- Able to work and communicate in English
- You are 18-30 years old (except leaders, who can be of any age),

PROGRAMME

0

Arrival to United Kingdom, **traveling to the magic training place Isle of Wight**

Structure:

1

10:00 1st session

12:00 2nd session

15:30 3rd session

17:00 4th session

18:30 Reflection groups

Evening programme will be organised all together :)

Sessions are subject to change: Getting to know each other, Team building, Contemporary contact improvisation, Taking responsibility and responsible citizen, Taking initiative, Cultural competence, Intercultural diversity, Stereotypes, Improvisation & Forum theater, Open space, Different but equal, Going viral, Critical thinking, Video making, Evaluation, Erasmus+, Youthpass, Open Badges

8

9

Departure



DELIVERY STYLE

- "Learning by experience" - learning from experiencing different activities and putting them into practice;
- "Learning to play, playing to learn" - connected with learning through games, from actions and playful environment;
- "Learning through outdoor sports" - learning about sensitive topics while being outdoors, hiking and doing sports
- "Learning with nature" - being aware of the environment and its stimulus to brains, mental and physical condition





DELIVERY METHODS

- Experiential learning through hiking
- Cognitive Behavioural
- Coaching approach
- Group dynamic processes, simulations and teamwork activities
- Inputs from experts through non-formal education lectures and facilitated processes
- Dynamic workshops and presentations
- Kolb's cycle (learning cycle)
- Intercultural sharings, learnings and reflections
- Learning by doing in a group setting or individual processes.



I AM RESPONSIBLE

"Most people do not really want freedom, because freedom involves responsibility, and most people are frightened of responsibility" -
Sigmund Freud



FINANCIAL COSTS

- 100% accommodation, food and program materials are covered by the grant from Erasmus+
- 80% traveling costs (only preapproved and the most economical - no first class, no taxi, no special seats, insurances, etc) are covered.
Maximum traveling costs
 - €20/participant for UK
 - €275/participant for Lithuania, Italy, Spain, Norway
 - €360/participant for Turkey.

- For traveling reimbursement, it is mandatory:
 - online tickets: forward emails with e-tickets, boarding passes and invoices, it has to contain price and date.
 - offline tickets: bring original receipts (originals), copies will not be accepted.
- Reimbursements will be sent 1 December 2020, once (and if) participants take part in
 - full duration of the programme
 - fill the evaluation forms
 - present all the traveling documents



I am Responsible

WHERE?

I S L E O F W I G H T , U N I T E D K I N G D O M



Youth Exchange will happen in YHA Isle of Wight Totland hostel, a large, Edwardian house with a seaside location close to downland cliffs and beaches, ideal for quiet country walks. Hostel is 50 minutes away from famous Needles, where Italian inventor established the world's first radio in 1896. You will stay in rooms of 2-6 persons, sharing with others toilets and showers.

SPACE



Arrival Day: 10th March 2020 any time

Programme: 11-18 March, in total 8 full days

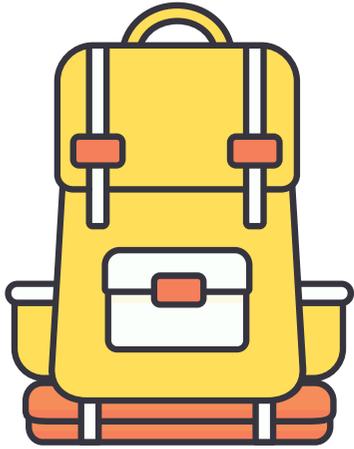
Departure Day: 19th January, early morning

Days allowed to stay in United

Kingdom: This is a great time to explore United Kingdom. We will not have a lot of free time during the programme, thus if you want to explore country, please arrange extra days. You are allowed to come max 6 days before the YE or leave after max 6 days after the YE, but the total amount of the days that are not part of the programme is max 6 days. If you decide to stay more than 6 days longer than the official programme, you will have to cover the traveling expenses yourself. During these extra days, you have to find your own accommodation and no other expenses are covered (we will cover just flights on different days).

WHEN TO GET HERE?





PRACTICALS - WHAT TO (NOT) BRING

- Casual, warm and sport/hiking clothes (sunny/cold/rainy weather)
- Raincoat
- Comfortable shoes
- Head lamp-torch and reflectors
- Backpack or any other bag
- Passport

- Insurance - this is critical! European Health Insurance Card is free. Please arrange insurance, because we do not provide and are not liable for any incidents
- Bring camera - lots of great shots to make
- Prepare endurance, Good spirit and Positive vibes!

WEATHER

In March temperature is pretty low, ranging from +6 to +10 degrees and it rains on average 15 days per month. There is 120 hours of sunshine per month

Check the weather forecast [here](#).





MEDICINE, ALLERGIES AND DIET

If you have illness, physical limitations and/or use the medicine, we need to know about, please let us know.

If you are vegetarian or have special diet, let us know, indicating what you can and cannot eat, so that we can arrange the suitable food.

HOW TO APPLY?

Fill in the application form here:

<https://forms.gle/W4wgeVeo41kLwtXx7>



In order to apply for I am responsible project, you must be over 18 years old and a citizen of one of the partner countries. Contact the partner organisation from the list below if you need any support.

Abroadship.org

Inovatyvi Karta

Ottovolante

Creativity Rocks

Organisation Time

AC Amics de la Biblioteca de la
Fonteta

United Kingdom

Lithuania

Italy

Norway

Turkey

Spain

hello@abroadship.org

inovatyvi.karta@gmail.com

office@associazioneottovolante.com

Creativity-rocks@getmail.no

organisationtime@hotmail.com

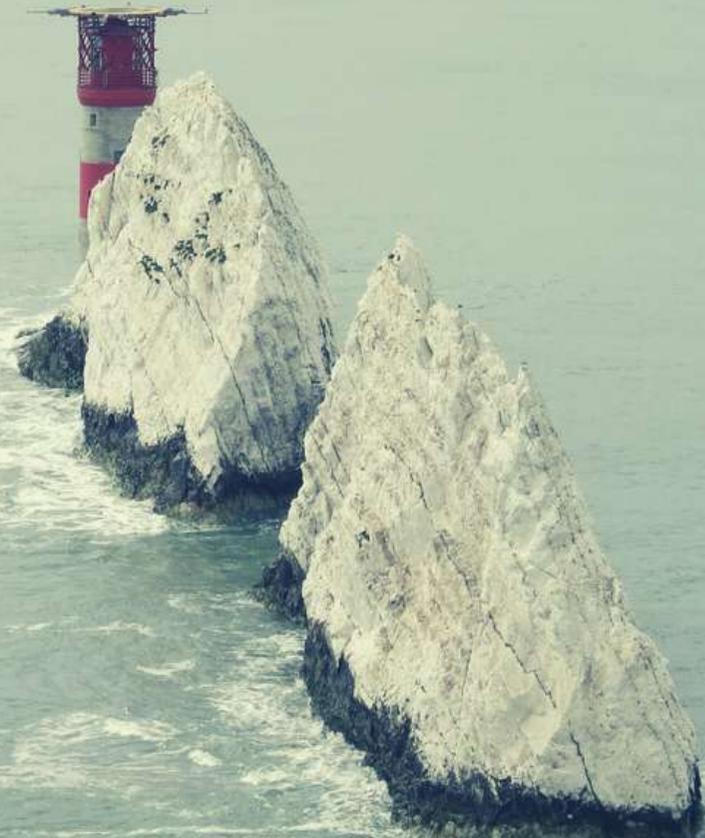
biblioteca@lafonteta.net



Erasmus+

For information, clarification, logistics,
general questions, please contact us at:
hello@abroadship.org

I am Responsible in United Kingdom!



Creativity Rocks





Abroadship.org

Centre of Learning Through Mobility

Global online platform of
opportunities abroad

Abroadship.org
@abroadship

